

Arctic Orienteering Club COVID-19 Mitigation Plan

Updated 3/30/2022

This mitigation plan is intended to provide guidance for directors, volunteers, and participants of in-person orienteering meets and events. OUSA, the national orienteering organization, has no specific requirements but directs chapters to comply with local and state public health orders. This plan may be suspended or adjusted at any time based on changes in relevant public health orders or in response to specific requirements by a land owner / permitter where an event is taking place.

All directors, volunteers, and participants of in-person club events must follow the protocols outlined by this plan.

Everyone

- Masks are not required for participants in the start/finish area or out on the course.
- Masks are recommended but not required for volunteers working in the start/finish area.
- Please be considerate of others who are masked based on their personal level of risk.

Screening

- Anyone who is required to quarantine may not participate or be at the venue. This includes:
 - individuals who exhibited symptoms of COVID-19
 - individuals who have tested positive for COVID-19
 - unvaccinated individuals who are in close contacts of a positive case for COVID-19
- Screening requirements will be posted at the venue.

Minimizing Touch

- The club has gone paperless as much as possible by instituting an online season participation waiver and online payment. However people can still fill out season waiver and pay in-person.
- Disinfectant and hand sanitizer will be kept in the equipment box and made available at the meet.
- If participants are uncomfortable touching shared equipment, approaching within 3 feet of the control will be considered a punch.