

Mountain Orienteering

8/16/2009

Forty five people braved foggy and soggy mountains on Sunday to run the Mountain Orienteering meet at Glen Alps. The three courses were: Short (4.8K, 10 controls), "Shortened Long" (9K, 16 controls), and Long (12K, 19 controls). The routes took participants on Flattop-Peak Three ridgeline and both Rabbit Creek and Powerline valleys for a true alpine experience.

Cory Smith endured to gain the first place in men's long course in 4:02 and Lindsey Flagstad won women's long course in 5:25. On the short course, Jen Jolliff finished the fastest taking the women's podium in 1:54, followed by men's winner Steve Gruhn in 1:59. Paul Twardock and Steve Colt cleaned the short team course in 2:02. The "Shortened Long" course winner was Steve McKeever in 6:04.

Special thanks to: Dan Ellsworth for map revision and expansion and help with course design and finalizing the maps; Susie Anderson and Lexi Hall for registration help; Brian Richardson, Keri Koger, Susie Anderson and Charles Machado for helping with controls before and after the race (yes, it takes a village to put on a mountain orienteering event).

Long Course

Men

1. Cory Smith 4:02:30
 2. Ian Moore 4:16:02
 3. Brian Kirchner 6:42:20
- DNF: Mike Robinson, Nathaniel Knapp, Patrick Johnson, Stephen Rideout

Women

1. Lindsey Flagstad 5:25:25

Shortened Long Course

1. Steve McKeever 6:04:50

Short Course

Men

1. Steve Gruhn 1:59:30
 2. Jim Settle 2:01:00
 3. Bill Johnson 2:10:03
 4. Seth Downs 2:26:24
- DNF: Art Harmon, Dwight Iverson

Women

1. Jen Jolliff 1:54:16
 2. Amy Glen 3:42:45
- DNF: Leslie Tose, Shelley Laws, Ariel Hippe

Team

1. Paul Twardock, Steve Colt 2:02:52
 2. Leslie & Mark Kroloff 2:25:45
 3. Ann Bruner, Brian Durrel, Joe O'Neill 3:00:35
 4. Stephanie Martin, Lexi Hall, Susie Anderson 3:33:00
- DNF: Joe & Leslie Anders; Joanna & Joel Hubbard; Jody Clingenpeil, Linda Waugaman & Joyce Haugstad; Ashley Strovel, Brittany Hippe, Kailyn Davis & Laura Becia.